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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Paleo Diet For Beginners: Two-Week Challenge To Lose Your First 15 Lbs! 14 Paleo Recipes +14 Paleo Desserts For Constant Weight Loss! If you are looking for some great tasting healthy Paleo recipes then this book is what you are looking for. It has a nice assortment of Paleo recipes for each meal of the day as well...

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