



Quick Guide V - How to Apply Mindfulness to Business Relationships

By Paul C Burr PhD

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.When you give a top performer a target to aim for, they look beyond the target. Top performers stretch themselves. They set a range of targets. The minimum being success as defined by others. Success is their target but their purpose is to be the best, and often be seen to be the best. Top performers seek fulfilment through a sense of completeness that they have acknowledged and dealt with everything that is incomplete in their approach to business - specifically business relationships. The Journey to Completeness (a 10 out of 10) The journey to completeness is a step-by-step process. Each step has both intellectual and emotional content. Getting a top performer to raise their game from say a 7 out of 10 (which is the median score top performers give themselves) to a 10 (where 10 is perfect) is a two-stage process. Going from a 7 to an 8 out of 10 is a straight-forward and, by-and-large, an intellectual process. We can all work a little smarter. (If a coach can't help you achieve...



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