



10 Habits of Truly Optimistic People: Power Your Life with the Positive

By David Mezzapelle, Will Glennon

Viva Editions. Paperback. Book Condition: new. BRAND NEW, 10 Habits of Truly Optimistic People: Power Your Life with the Positive, David Mezzapelle, Will Glennon, Author and business leader David Mezzapelle, author of 2013's best-selling Contagious Optimism, is on a mission to get people to "power their lives with the positive." He has worked with top influencers, business people, and others and observed that each one of these folks had a few things in common -- they overcame obstacles, looked forward instead of backwards, made mistakes and learned from them, and, most of all, they stayed positive no matter what. In this silver linings playbook, readers can learn the secrets to living a life filled with joy, abundance, forward momentum, and contagious optimism. Learning these ten habits can jumpstart your life in the same day! The excellent advice, inspiring stories, suggested actions, and insights from David Mezzapelle and his contributors will help readers become unstoppable optimists.



Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

-- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski

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