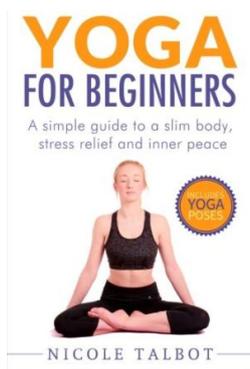


## Yoga for Beginners: A Simple Guide to a Slim Body, Stress Relief and Inner Peace



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